



ADORA WINQUIST

A visionary in the nascent field of Quantum Alchemy and a pioneer in the field of vibrational medicine and aromatherapeutic healing.

Referred to as one of the world's leading experts in the art and science of essential oil formulation and energy healing, Adora Winquist intertwines the divine knowledge and ancient wisdom of esoteric philosophy, psychospiritual dynamics, and vibrational medicine to her 20+ years as a healer, educator, formulator and entrepreneur. Her work focuses on healing ancestral trauma at the personal, lineage, and planetary level for the greater collective awakening.

Adora is the founder of The Soul Institute and High Vibe Aromatics. She specializes in offering love frequency transmission meditations and creating sacred community experiences through global ceremony and retreats to unify the sacred human heart with all kingdoms of life.

“Elevating Consciousness Through the Frequency of Love.”





Adora is globally sought out for her Akashic Record Alchemy Sessions. In 2019, she received the legacy of legendary Akashic Record reader and author Roberta Herzog. Adora's unique healership allows her to access the records and clear, activate, and balance the energy associated with them to align the individual to their soul purpose.

- ❖ **Healer** with a speciality in ancestral and trauma healing
- ❖ **Teacher & Speaker** on modern alchemy, essential oils, spirituality, and metaphysics
- ❖ International best selling **Author** in the fields of aromatherapy and vibrational medicine
- ❖ **Master Formulator** of expert formulation of high vibrational aromatherapy to Enhance emotional resilience
- ❖ **Thought leader** of principles, practice, and protocols for spa, healers, and therapists



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ADORA WINQUIST

SPA CONSULTANT

MASTER FORMULATOR

CUSTOM BLENDS

AKASHIC RECORDS READINGS

SPIRITUAL RETREATS



THE SOUL INSTITUTE FOR QUANTUM LIVING



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THE SOUL INSTITUTE FOR QUANTUM LIVING

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TheSoulInstitute.co



The Soul Institute



THE SOUL INSTITUTE

Ancient Alchemical Healing with a Modern-Day Twist

The Soul Institute is a co-creative educational resource for high vibrational living with a foundation in modern alchemy. Our innovative products, programs and services foster wholistic well-being throughout or global community.

OUR VISION:

Elevating consciousness through the frequency of love, awakening and activating over 25 million individuals to embody their soul purpose and thrive in all facets of life.

THE 5 PILLARS OF MODERN ALCHEMY

- ❖ Essential oil Alchemy
- ❖ Meditation Alchemy
- ❖ Crystal Alchemy
- ❖ Practical Alchemy
- ❖ Love Alchemy



HIGH VIBE AROMATICS™

The Soul Institute offers a robust collection of premium essential oils, synergies, & custom formulations, curated by master formulator, Adora Winqvist.



COMMUNITY EVENTS

Join our Modern Alchemy Community meditations, retreats, and authentic conversations to be a part of our mission of light and love.



ONLINE RESOURCES

Our platform offers a vast array of alchemical wisdom to all seekers of light, from the Alchemy Library to weekly blogs, and complimentary meditations.

LEARN MORE AT [THESOULINSTITUTE.CO](https://thesoulinstitute.co)

DETOX. NOURISH. ACTIVATE.

Detox. Nourish. Activate: Plant & Vibrational Medicine for Energy, Mood & Love by Adora Winqvist and Dr. LuLu Shimek offers a visionary approach to empower readers on the path of self-discovery and self-mastery. This three step system is designed to heal trauma at the core level from this lifetime and many previous generations. These three areas of well-being are explored, in depth, with eleven primary alchemical interventions to facilitate healing down to the DNA level.

“Adora Winqvist is a plant whisperer who teaches us how to understand plant languages for our own specific health issues. Her new book, *Detox. Nourish. Activate.* is a treasure trove and a wonderful guide for authentic self-care.”

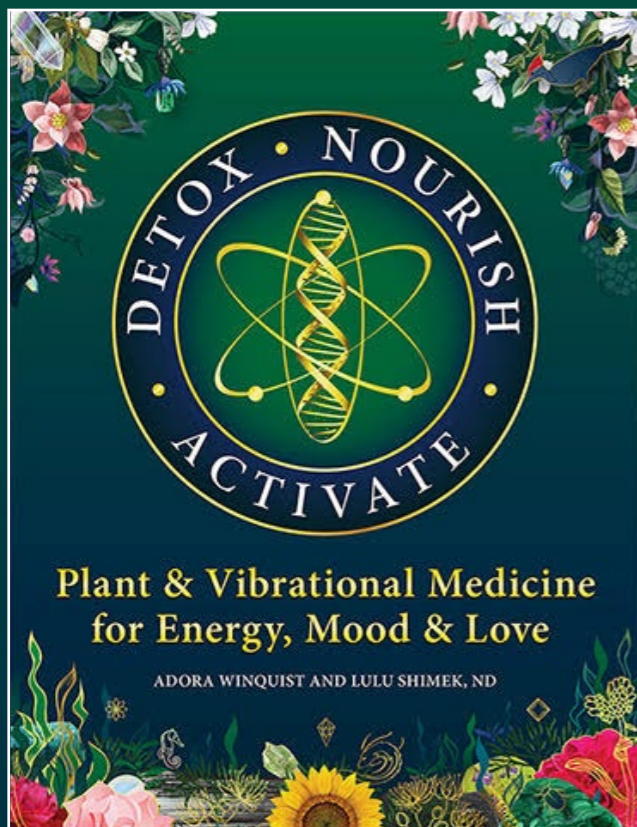
~ Mary Bemis, Founder, Insider’s Guide to Spas

“*Detox. Nourish. Activate.* is an impressive and exciting book of information as well as experientials to guide one on a deep and profound journey of healing at all the levels of our being: physical, mental – emotional and spiritual.”

~ Lisa VanOstrand, President Barbara Brennan School of Healing

“Since I met Adora many years ago I have been inspired by her dedication and prolific work in the field of aromatherapy and healing. Her new book, *Detox Nourish Activate: Plant & Vibrational Medicine for Energy, Mood, and Love*, co-written by Dr. Lulu Shimek, provides individuals with an array of tools to support healing, nourish well-being, and inspire wholeness. A must have on one’s journey to well-being.”

~ Jade Shutes, Author, Educator, Principal, The School of Aromatic Studies



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BOOKS OF 2021”

“TOP 20 STYLISH COFFEE
TABLE BOOKS”

SPY.COM



AROMA ALCHEMY

FREE YOUR FREQUENCY™



ELIXIRS FOR QUANTUM LIVING

The premiere nano particle essential oil & CBD synergy for energy, mood and sleep



SACRED 8 INFINITY CHAKRA COLLECTION

Aroma-alchemy blends to harmonize & activate your chakras



THE LOVE CODE COLLECTION

Release, Forgiveness & Gratitude for Heart-Centered Living



CLEAR ALIGNMENT

High vibrational purification for your energy and environment



ROLL. BREATHE. BALANCE.



ELIXIRS 4 QUANTUM LIVING BY HIGH VIBE AROMATICS™

The Premier Collection of Nanoparticle Essential Oil Formulas Synergized with Nanoparticle CBD, offering alchemical solutions to three aspects of existence we search to balance: Mood, Energy and Sleep.

Free Your Frequency™



ENERGY ELIXIR

*Invigorate your emotions.
Energize your body.
Clear your mind.*



MOOD ELIXIR

*Uplift your emotions.
Balance your energy.
Awaken your creativity.*



SLEEP ELIXIR

*Relax your body.
Quiet your mind.
Calm your emotions.*



AS SEEN IN...



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[LEARN MORE AT THE SOUL INSTITUTE.CO](https://thesoulinstitute.co)



MARY MAGDALENE RETREATS: AROMATIC SPIRITUAL JOURNEYS THROUGH SOUTHERN FRANCE



ADORA WINQUIST

Expert in the fields of plant and vibrational medicine; visionary in the nascent arena of Quantum Alchemy.



VERONIQUE FLAYOL

Lecturer certified by the French Ministry of Culture specializing in pilgrimages and spiritual journeys.

Join Adora Winquist as she again travels through the beautiful South of France on a Mary Magdalene pilgrimage. The quest? To source a greater connection to the Divine Feminine within.

"I have been on other retreats that were advertised as being "spiritual" and promising transformative experiences to hidden sources. This retreat was the first one that actually provided all of that. I came away with feeling that I had a life-changing journey."

- Michelle S.

"Ever since the retreat, miracles have been happening in my life and I really feel called to being stronger and that divine presence in my life has come alive and flowered within me."

- MaryBeth W.

"This retreat was magical. During my time in France with Adora, I experienced several awakenings that have already had a great positive impact on my life and being."

- Kay F.

LEARN MORE AT [THESOULINSTITUTE.CO/RETREATS](https://thesoulinstitute.co/retreats)



**Experience the
Heart of the Divine**

*Divine
Knowledge
and Ancient
Alchemical
Healing
Traditions
for Aspiring
Sacred
Leaders in
Modern Times*

A MODERN ALCHEMIST CERTIFICATION PROGRAM



ARE YOU READY TO UNAPOLOGETICALLY EMBRACE YOUR TRANSFORMATIONAL JOURNEY FROM SEEKER TO LEADER?

Are you a healer, facilitator, leader, visionary, coach, writer, speaker, or spiritual seeker who desires a deeper integration of ancient, divine wisdom in your personal health journey, relationships, finances, and career?



THROUGH THIS IMMERSIVE ALCHEMICAL PROGRAM, YOU WILL RECEIVE:

- Greater joy and emotional resilience.
- Deeper intimacy in your relationships.
- Authentic expression of your true self.
- Fundamental principles for becoming a spiritual leader.

Infinite abundance is your birthright.

You were born to live a life of vibrancy, clarity and joy.

Dissolve the fear that holds you back from living in total spiritual plentitude.



LEARN MORE AT [MODERNALCHEMIST.ORG](https://modernalchemist.org)

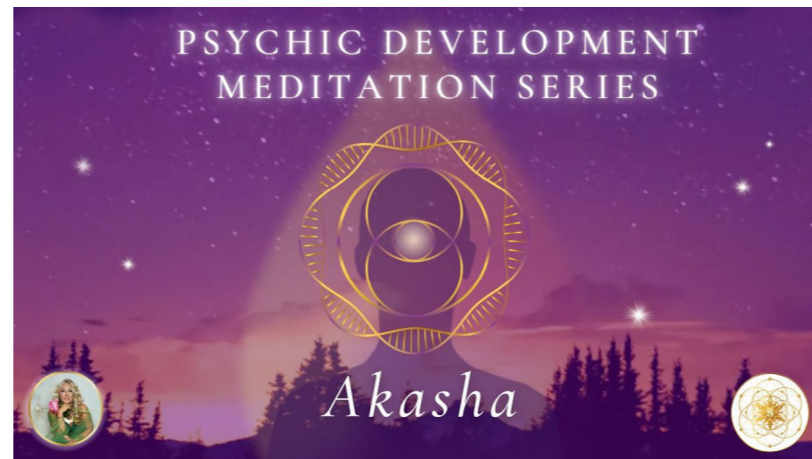


**MEDITATE WITH ADORA
ON YOUTUBE**



MEDITATION LIBRARY ON YOUTUBE

Adora Winqvist offers a wide array of complimentary meditations on Youtube to further her mission to Awaken, Anchor, and Actualize the spark of Divinity and Sovereignty within humanity.



The Soul Institute for Quantum Living is affiliated with the Barbara Brennan School of Healing and the Barbara Brennan International Center for Research & Healing.



IN THE NEWS

Adora Winqvist has been widely recognized by multiple sources in the press and in the media for her award-winning formulations and expertise in aromatherapy and alternative healing fields. Check out these articles which feature her alchemical insight!

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Everything You Need to Know About Essential Oils

FOR MEDIA INQUIRIES OR FURTHER INFORMATION, PLEASE CONTACT:

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kaille@lightwithinyou.com



COLLABORATE *with Adora Winqvist*

CONNECT ON PODCASTS,
TALKSHOWS, INTERVIEWS,
EDUCATIONAL PROGRAMS
AND MORE!

AREAS OF EXPERTISE:

- Essential Oils
- Crystal Healing
- Energy Balancing
- Vibrational Medicine
- Meditation
- Divine Feminine
- Trauma Healing
- Emotional Resilience

JOIN OUR MODERN ALCHEMY COMMUNITY

Our Modern Alchemy group is an inclusive co-creative community held in the frequency of love. The sacred intention of this group is to share insight, inspiration and ancient alchemical healing traditions with a modern-day twist to curate your path of self mastery.



Alchemy library subscription offers alchemical wisdom and knowledge for all seekers, wherever you are on your path and wherever you are in the world.

CONNECT WITH ADORA WINQUIST

Book and partner with Adora Winqvist for speaking engagements, media interviews, events and expert commentary where she will share her 25 years of wisdom in plant + vibrational medicine with all seekers on the path of self mastery.



JOIN OUR QUANTUM COMMUNITY ON FACEBOOK